365 Wound Care Range

Foam Dressings
Super Absorbent Dressings
Film Dressings
IV Dressings
Island Dressings
Wound Closure Strips
Non-Adherent Dressings

Cutting the Cost of Healthcare

365healthcare.com
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365 Foam Dressings

Description
365 Foam is a sterile, non-adhesive polyurethane foam dressing designed for moderately exuding wounds and those that require compression.

Product Features:
- Soft and conformable.
- Absorbs and retains exudate.
- Low friction thin film backing helps to prevent dressing lift.
- Semi-permeable film backing protects the wound against external contaminants and strike through onto bedding or clothes.
- Can remain in place for up to seven days.
- Can be used under compression bandages.

365 Foam dressing maintains a moist wound environment for optimal wound healing.

Indications for Use
365 Foam is designed for a wide range of exuding wounds including:
- Chronic and acute wounds with light to moderate levels of exudate;
  - Skin abrasions.
  - Pre-tibial lacerations.
  - Pressure ulcers.
  - Leg ulcers.
  - Post-operative wounds.
  - Superficial burns.
  - Donor sites.
  - Traumatic wounds.
- Shallow, granulating wounds.

Precautions
- Foam dressings are not suitable for arterial bleeds.
- Do not overlay or overlap foam dressings.
- Do not stretch the skin or dressings during application.
- Dressings can be left in place for up to 7 days, or until exudate is visible and approaches 1cm from edge of the dressing, whichever is sooner.

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365 Silicone Foam Dressings

Description

365 Silicone Foam is designed to manage moderately exuding wounds whilst minimising pain and trauma at dressing change. The hydrophobic layer of soft silicone enables the dressing to adhere to the patient without sticking to newly formed granulation tissue. The wound contact layer is perforated with holes which enable the passage of exudate into the foam whilst protecting the wound bed. The thin layer of polyurethane foam absorbs and retains exudate preventing maceration of peri-wound skin.

Product Features:

- Soft and conformable.
- Absorbs and retains exudate.
- Low friction thin film backing helps to prevent dressing lift.
- Semi-permeable film backing protects the wound against external contaminants and strike through onto bedding or clothes.
- Can remain in place for up to seven days.
- Can be used under compression bandages.

The self-adherent 365 Silicone Foam dressing maintains a moist wound environment for optimal wound healing. Atraumatic silicone wound contact layer allows the dressing to be changed without causing additional pain to the patient, or trauma to the wound or surrounding skin.

Benefits of 365 Silicone Foam

- Maintains a moist wound environment.
- Reduces trauma and pain during dressing changes.
- Self-adherent, silicone border eliminates the requirement for secondary fixation.
- Dressing can be repositioned on application or after visual inspection of the wound.
- Does not adhere to moist wound beds.
- Minimises the risk of peri-wound maceration.
Indications for Use

365 Silicone Foam is designed for a wide range of exuding wounds including:

- Chronic and acute wounds with light to moderate levels of exudate;
  - Skin abrasions.
  - Pre-tibial lacerations.
  - Pressure ulcers.
  - Leg ulcers.
  - Post-operative wounds.
  - Superficial burns.
  - Donor sites.
  - Traumatic wounds.
- Shallow, granulating wounds.

Precautions

- Foam dressings are not suitable for arterial bleeds.
- Do not overlay or overlap foam dressings.
- Do not stretch the skin or dressings during application.
- Silicone is hydrophobic and will not adhere to wet skin.
- Discontinue use if the patient is allergic to silicone.
- Dressings can be left in place for up to 7 days, or until exudate is visible and approaches 1cm from edge of the dressing pad, whichever is sooner.

Traditional Adhesive Dressings vs 365 Silicone Foam Dressings

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<td>Traditional adhesives make less contact with the skin, necessarily sticking more aggressively</td>
<td>365 Silicone Foam’s adhesive gently conforms to the skin</td>
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| Maceration Risk Reduction | Exudate can spread between the gaps in skin and the adhesive, increasing the risk of maceration | The precise layout of the gaps in the silicone directs exudates away from the skin; absorbing it and trapping it in the hydrophilic polyurethane foam |

| Pain, Tissue Trauma and Skin Stripping Risk Reduction | The lower contact area, combined with the more aggressive adhesive increases sheer forces, which can strip skin at removal – increasing pain and delaying wound healing | The soft silicone adhesive and greater contact area, reduces shear forces on skin – greatly reducing the risk of skin stripping, avoiding delayed healing |

| Time and Cost Saving | Trauma at dressing change, maceration of skin and skin stripping can lead to delayed wound healing and avoidable dressing changes. This unnecessarily increases time and cost, while delaying patient healing – a cause of patient stress | Less skin trauma at dressing change, reduction in maceration risk, while maintaining a moist wound healing environment, reduces the cost and time involved in wound healing, while improving quality of care for patients |

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365 Super Absorbent Dressings

Description

365 Super Absorbent Dressing is a non-adhesive, multi-layer super-absorbent dressing for use on moderate to highly exuding wounds. Featuring a low adherent wound contact layer, a multi-layer absorbent core and a breathable blue backing, 365 Super Absorbent Dressings are used as a primary dressing to absorb wound exudate and provide an optimal wound healing environment, even under compression.

Product Features:

- Highly absorbent core layer provides large capacity with rapid fluid uptake.
- Core layer forms a gel when in contact with exudates, locking away fluid, even under compressions.
- Water resistant barrier backing layer prevents strike-through, with a high moisture vapour transfer rate to prolong wearability.
- Soft, low adherent wound contact layer reduces risk of skin trauma and stripping.

Indications for Use

365 Super Absorbent is designed for a wide range of exuding wounds including:

- Chronic and acute wounds with moderate to high levels of exudate;
  - Pressure ulcers.
  - Diabetic foot ulcers
  - Leg ulcers.
  - Post-operative wounds.
  - Superficial and partial thickness burns.
- Shallow, granulating wounds.
Precautions

- 365 Super Absorbent Dressing is not a haemostat and should not be used on bleeding wounds or arterial bleeds.
- Do not cut the dressing.
- Do not use 365 Super Absorbent Dressings in cavities, as the dressing will swell as it absorbs fluid.
- Do not use 365 Super Absorbent Dressings on dry wounds.
- Do not use the dressing if the peel pouch is opened or damaged.
- If the condition of the wound deteriorates, discontinue use and consult your healthcare professional.

Instructions for Use

1. Cleanse the wound in accordance with local clinical protocols.
2. Select a dressing large enough to provide a 3cm margin of contact to dry healthy peri-wound skin.
3. Remove 365 Super Absorbent dressing from the packaging using a clean technique.
4. Apply the white side of the dressing to the wound (fig. 1) and secure with a secondary dressing, tape or bandage (fig. 2).

   ‘Blue side to the sky’.

5. Use a retention bandage to keep 365 Super Absorbent dressing in position on the wound (fig. 3).
6. For large wounds several dressings can be placed side-by-side and secured with an appropriate tape or bandage.

Frequency of Dressing Change

- The use of super absorbent dressings should always be re-evaluated if wound exudate levels change.
- During the early stages of wound management, observe the wound daily for signs of infection or other complications (or as recommended by local clinical protocols).
- The frequency of dressing change is determined by the condition of the wound and local clinical protocols.
- Dressings can be left in place for up to 7 days, or until the dressing becomes saturated with exudate, whichever is sooner.

Dressing Removal

1. Careful and correct dressing removal is vital to minimise the risk of damaging the wound bed and new granulating tissue;
2. Remove the retention dressing or bandage and carefully lift the dressing away from the wound.
3. The dressing should be removed slowly and carefully
4. As the dressing is removed, the newly exposed skin should be supported.

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365 Film Dressings

Description

365 Film is a sterile, latex free, self-adhesive, waterproof, transparent film wound dressing.

365 Film consists of a semi-permeable polyurethane film membrane coated with a hypoallergenic acrylic adhesive. 365 Film allows visual inspection of the wound site throughout the healing process.

These properties enable;

- Protection of newly forming tissue.
- The facilitation of wound healing.
- Provision of a 'moist wound healing environment'.
- The patient to shower with the dressing in place.
- Prevention of contamination by dirt or bacteria, thus a reduced risk of wound infection.

365 Film is breathable, allowing effective oxygen and moisture vapour exchange with an MVTR of 1176g/m²/24 hours.*

It is showerproof and impermeable to liquids, bacteria, and viruses.

Film Indications for Use

365 Film can be used as a primary or secondary dressing where there is no exudate, or light levels of exudate.

- Cuts and abrasions.
- Clean, closed, post-operative wounds.
- Superficial pressure damage.
- Leg ulcers.
- Protection of donor sites.
- Protection against skin breakdown due to friction or continuous moisture exposure.
- A fixation device for catheters.
- Minor burns.

*Data Source: Independent testing completed to BS EN 13726-2 by SMTL. Report No: 15/4925/10
**Preparation:**
Ensure that the skin surrounding the wound is clean, dry, and free from grease, soaps or detergents.

Select a dressing that is of a suitable size and shape. Ensure the dressing has a 2cm overlap around the wound edge.

**Dressing Application:**
- Peel the liner from the dressing to expose the adhesive surface (fig.1).
- Position the dressing centrally over the wound bed.
- Press the exposed adhesive side of the dressing onto the skin.
- Slowly remove the frame while smoothing down the dressing edges (fig.2).
- Smooth the entire dressing from the centre toward the edges.
- When applying to a contoured area, 365 Film may be cut in order to aid adhesion (the bacterial barrier property is compromised if the dressing is cut).

**Dressing Wear Time:**
The frequency of dressing change will depend on the clinical circumstances. 365 Film dressings may be left in place for up to seven days. If signs of clinical infection are observed the dressing should be removed.

**Dressing Removal:**
- To remove 365 Film from the wound, gently peel and lift one corner of the dressing from the skin.
- Support the skin whilst peeling the dressing off by stretching horizontally (not vertically) and in the direction of hair growth.
- Care should be taken to avoid skin damage with repeated applications, or on patients with fragile skin.
- Use existing clinical protocols to clean the wound in order to remove any remaining exudate residue before wound assessment or the application of further dressings.

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365 IV Dressings - Frame Delivery

Features
365 IV Dressings are sterile, latex free, self-adhesive, frame delivery IV dressings.

365 IV Dressings consist of a semi-permeable, polyurethane film membrane coated with a hypoallergenic acrylic adhesive, bonded to reinforced soft cloth tips for greater catheter security.

Designed for winged and ported catheters

Features
Transparent film backing
- Moisture Vapour Transmission Rate of 850g/m²/24hr helps to prevent pooling of fluid under the dressing and premature lifting.
- The breathability of the film inhibits bacterial growth underneath the dressing.
- Allows visual inspection of the insertion site enabling earlier identification of inflamed blood vessels.
- Shower-proof film enables the patient to shower with the dressing in place.
- Impermeable to liquids, bacteria, and viruses.

Reinforced soft cloth wings
- Provide greater stability around the catheter reducing the risk of phlebitis.
- Also supplied with 2 fixation strips for great catheter and infusion line stability.

Benefits
- 7 day wear time means fewer unnecessary dressings changes.
- Easy to apply frame delivery application technique.
- Includes and a sterile documentation label.
- Available for in paediatric and adult sizes.
- Ensures continuity of care upon patient discharge as 365 IV dressings are also available in the community on Drug Tariff.

Simple, one piece frame delivery
Easy to apply using aseptic technique, for fast effective wound protection.

Clear film for easy site observation

2 reinforcement strips for secure fixation

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Application Instructions

- Clean and dry the application area.
- Remove the sterile dressing from the inner pouch.
- Remove centre cut out which also holds the 2 sterile fixation tape strips.
- Place the two tape strips over the catheter wings for increased security (fig.1).
- Peel the backing paper away from the framed film dressing.
- Apply the dressing by placing it over the catheter so that transparent film covers the insertion site (fig.2).
- Position the soft cloth tape section over the catheter wings with the port at end of the deep notch (fig.3).
- Overlap each side of the soft cloth tape underneath the port hub.
- Remove the frame and gently firm edges down to ensure adhesion (fig.4).
- Finally remove the documentation label from the frame and apply either on the skin or the dressing (without obscuring the view of the catheter site)(fig.5).

Removal Instructions

- Remove the documentation label.
- Take one corner of the film and gently stretch the dressing horizontal to the skin to break the adhesive bond.
- (Tip) If the film dressing remains stuck down utilise the documentation label by applying it to the corner of the film, it should attach and lift the edge of the dressing making dressing removal easier.
- Gently peel back the non-woven wings to the point at which they reach the film section whilst stabilising the patient’s skin and catheter with the other hand.
- Release and repeat the process.
- Finally remove the two fixation strips.
365 IV - Ported Dressings

Product Description

365 IV Dressings are sterile, latex free, self-adhesive, ported IV dressings.

365 IV Dressings consist of a semi-permeable, polyurethane film membrane coated with a patterned hypoallergenic acrylic adhesive, bonded to reinforced soft cloth tips for greater catheter security.

Key Dressing Features

Transparent Film Backing

- High Moisture Vapour Transmission Rate of 3000g/m²/24hr helps to prevent pooling of fluid under the dressing and premature lifting.

- The breathability of the film inhibits bacterial growth underneath the dressing.

- Allows visual inspection of the insertion site enabling earlier identification of inflamed blood vessels.

- Shower-proof film enables the patient to shower with the dressing in place.

- Impermeable to liquids, bacteria, and viruses.

- Incorporates a patterned adhesive layer specifically designed to provide adequate dressing security combined with high levels of dressing breathability.

Reinforced Soft Cloth Wings

- Provide greater stability around the catheter reducing the risk of phlebitis.

- Supplied with two sterile fixation strips for great catheter and infusion line stability

- Includes and a sterile documentation label

Key Dressing Benefits

- 7 day wear time means fewer unnecessary dressings changes

- Easy 3 step apply process with A,B,C, labelled release liners and tabs

- Available for Central Lines and Peripheral IV lines

- Ensures continuity of care upon patient discharge as 365 IV dressings are also available in the community on Drug Tariff

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Product Description

365 IV Dressings are sterile, latex free, self-adhesive, ported IV dressings.

365 IV Dressings consist of a semi-permeable, polyurethane film membrane coated with a patterned hypoallergenic acrylic adhesive, bonded to reinforced soft cloth tips for greater catheter security.

Key Dressing Features

Transparent Film Backing

- High Moisture Vapour Transmission Rate of 3000g/m²/24hr helps to prevent pooling of fluid under the dressing and premature lifting.

- The breathability of the film inhibits bacterial growth underneath the dressing.

- Allows visual inspection of the insertion site enabling earlier identification of inflamed blood vessels.

- Shower-proof film enables the patient to shower with the dressing in place.

- Impermeable to liquids, bacteria, and viruses.

- Incorporates a patterned adhesive layer specifically designed to provide adequate dressing security combined with high levels of dressing breathability.

Reinforced Soft Cloth Wings

- Provide greater stability around the catheter reducing the risk of phlebitis.

- Supplied with two sterile fixation strips for great catheter and infusion line stability

- Includes and a sterile documentation label

Key Dressing Benefits

- 7 day wear time means fewer unnecessary dressings changes

- Easy 3 step apply process with A,B,C, labelled release liners and tabs

- Available for Central Lines and Peripheral IV lines

- Ensures continuity of care upon patient discharge as 365 IV dressings are also available in the community on Drug Tariff
**Application Instructions**

- Clean and dry the application area
- Remove the sterile dressing from the inner pouch
- Remove the backing liner marked Tab A
- Whilst holding tab B and tab C together apply the dressing adhesive side down to the site ensuring the port fits closely around the hub of the catheter and the transparent film covers the insertion site.
- Remove and retain Tab B which contains the patient documentation label.
- Ensure the dressing is securely in place and remove the tabs marked C on the soft cloth wings.
- The soft cloth wings may be overlapped slightly to increase dressing security.
- Finally place the documentation label from section B on the skin or the dressing (without obscuring the view of the catheter site).

**Removal Instructions**

- Gently peel back the non-woven wings to the point at which they reach the film section whilst stabilising the patient’s skin and catheter with the other hand.
- Take one corner of the film and gently stretch the dressing horizontal to the skin to break the adhesive bond.
- Release and repeat the process.
365 I.V. - Transparent I.V. Dressing

Description

365 I.V. is a transparent peripheral I.V. Dressing. Improving ease of use with a ‘deep-notch’ oval shape and frame release mechanism, this dressing allows easy and accurate placement around peripheral line site. The transparent film securely and comfortably fixes the catheter in place, while providing a bacterial barrier and allowing easy monitoring of the I.V. site.

Product Features:

- Oval ‘Deep-Notch’ Design - Reduces wastage by preventing ‘tenting’ and the dressing from sticking to itself during application.
- Frame delivery system - Allows accurate and easy positioning around catheter.
- Waterproof transparent film - Provides bacterial barrier while allowing visual inspection of I.V. site.
- Documentation - Record label included to record date of dressing change.

Contraindications:

- Never use an IV Dressing on a wound
- Not suitable for patients who are sensitive to acrylic adhesives.
- Not suitable for use on infected intravascular sites.
- Not suitable for resterilisation.

REF | SIZE | BOX QTY
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36590047 | 6 x 7cm | 50
365 Strips

Description
365 Strips are sterile, hypoallergenic, reinforced, adhesive wound skin closures.

Indication
Superficial cuts and lacerations where wound edges can be approximated.

Precautions
Do not stretch or apply 365 Strips under pressure as blistering may occur as the wound swells.

Features
- Easy to apply and remove.
- Adheres to difficult to dress areas and bony prominences.
- Associated with better cosmetic outcomes and reduced scarring.
- Colour Coded pouches for easy size selection.

Application Instructions
1. Clean wound, as per local protocol, to ensure it is free from grit or foreign bodies
2. Ensure the application area is clean and dry
3. Open sterile pouch
4. Bend and remove the end of perforated backing card to improve ease of application
5. Remove strip from card using sterile forceps or gloved hand
6. Place the first strip centrally to align the wound, 90 degrees to the wound direction
7. Anchor one end of the strip and approximate the wound edges
8. Fixate the strip across the wound and apply gentle pressure to ensure adhesion
9. Apply the strips approximately 3mm apart
For additional security 2 secondary strips can be placed parallel to the wound to anchor the primary strips in position.

Removal Instructions
1. Where additional anchor strips have been used remove these first
2. Gently lift the end of strips
3. Pull back strips slowly and gently in order to minimise damage to the epidermis
4. Support the skin with a finger as the strips are removed from the area directly above the laceration
5. Clean the skin

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365 Transparent Island Dressings

Description

365 Transparent Island Dressings are sterile, self-adhesive, transparent film wound dressings incorporating an absorbent, non-adherent pad. 365 Transparent Island Dressings feature a latex free, semi-permeable polyurethane film membrane which is coated with a hypoallergenic acrylic adhesive.

365 Transparent Island dressings are breathable, allowing good oxygen and moisture vapour exchange. It is showerproof and impermeable to liquids, bacteria and viruses.

Features;

- Facilitation of wound healing
- Provision of a moist wound healing environment
- Patient can shower with dressing in place
- Protection of newly forming tissue
- Prevention of contamination by dirt or bacteria, thus reduced risk of wound infection

Indications for Use

365 Transparent Island Dressings are primarily indicated to be used on acute wounds with low levels of exudate.

365 Transparent Island Dressings are therefore suitable for the management of;

- Superficial cuts and abrasions
- Clean, closed, post-operative wounds
- Minor burns
- Donor sites
- Chronic wounds with low levels of exudate

Preparation;

1. Use existing clinical protocols to clean/debride the wound in preparation for the application of 365 Transparent Island Dressings
2. Ensure that the skin surrounding the wound is clean, dry and free from grease, soap or detergents
3. Clipping of hair at the site may improve adhesion, shaving is not recommended
4. Select a dressing that is of a suitable size and shape. Choose the dressing size large enough to provide a margin that adheres to dry healthy skin around the wound site.

Dressing Application

1. Peel the two white paper liners from the dressing to expose the absorbent pad and adhesive border
2. Position the absorbent dressing pad centrally over the wound
3. Gently press down the adhesive border onto the skin
4. As indicated by the blue arrows remove the transparent release film on the back of the dressing from the centre outwards

5. Smooth the entire dressing from centre towards the edges using gentle pressure to enhance adhesion

**Frequency of Dressing Removal**

The frequency of dressing change will depend on the clinical circumstances. 365 Transparent Island Dressings may be left in place for up to seven days. If signs of clinical infection are observed the dressing should be removed.

**Dressing Removal**

1. To remove 365 Transparent Island Dressings from the wound, gently peel and lift one corner of the dressing from the skin

2. Support the skin whilst peeling the dressing off by stretching the film horizontally and in direction of hair growth

3. Care should be taken to avoid skin damage with repeated applications, or on patients with fragile skin

4. Use existing clinical protocols to clean the wound in order to remove any remaining exudate before wound assessment or the application of further dressings

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365 Non-Woven Island Dressings

Product Description
365 Non Woven Island Dressings are sterile, self-adhesive, soft cloth wound dressings incorporating an absorbent, non-adherent pad.

365 Non Woven Island Dressings feature a soft cloth backing coated with a border of hypoallergenic, water-resistant adhesive.

Indications for Use
365 Non Woven Island Dressings are primarily indicated to be used on acute wounds with low levels of exudate.

365 Non Woven Island Dressings are therefore suitable for the management of:
- Superficial Cuts and abrasions
- Clean, closed, post-operative wounds
- Minor burns & Donor sites
- Chronic wounds with low levels of exudate

Contraindications and Warnings
Do not use on patients with a known sensitivity to 365 Non Woven Island Dressings, or any of its components.

365 Non Woven Island Dressings should not be used as a dressing for:
- Wounds with moderate to high levels of exudate.
- Full-thickness burns.
- Deep cavity wounds.
- As a replacement for sutures and other primary wound closure methods.

Precautions
- Stop any bleeding at the site before applying the dressing.
- Do not stretch the dressing during application as tension can cause skin trauma.
- 365 Non Woven Dressings are not waterproof.
- Care should be taken to avoid skin damage with repeated applications, or on patients with fragile skin.
- 365 Non Woven Island Dressings are a sterile, single use product.
- Do not use if the packaging has been damaged.

Application
- Choose a dressing size large enough to provide a margin that adheres to dry healthy skin.
- Peel the two white paper liners from the dressing to expose the absorbent pad and adhesive border.
- Position the absorbent dressing pad centrally over the wound.
- Gently press down the adhesive border onto the skin.
- Smooth the entire dressing from the centre toward the edges using gentle pressure to enhance adhesion.

Frequency of Dressing Change
The frequency of dressing change will depend on the clinical circumstances however the dressing should be changed if exudate penetrates through the soft cloth backing.

365 Non Woven Island Dressings may be left in place for up to seven days.

Dressing Removal
To remove 365 Non Woven Island Dressings from the wound, gently peel and lift one corner of the dressing from the skin.

Support the skin whilst peeling the dressing off by stretching the film horizontally (not vertically) and in the direction of hair growth.

Care should be taken to avoid skin damage with repeated applications, or on patients with fragile skin.

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365 Non-Adherent Dressings

Description
A low-adherent absorbent dressing used for the management of a wide variety of light to moderately exuding wounds including clean sutured wounds, abrasions, lacerations and minor burns.

Features
• Sterile - ready to use.
• Individually wrapped.
• Low adherent.
• Cushioned protection.
• Highly absorbent.

Benefits
• Absorbent inner layer draws moisture away from the wound.
• Top and bottom layers are specifically design to have low adherence.
• Pad can be removed and replaced painlessly.
• The plastic film is present to prevent the dressing adhering to the surface of the wound, and is perforated to allow the passage of exudate from the wound into the body of the pad.
• 365 NA may be used on its own to dress dry sutured wounds, superficial cuts and abrasions, and other lightly exuding lesions. It may also be used as the primary wound contact layer for more heavily exuding wounds, if backed by a second absorbent dressing.

Precaution
In common with other perforated plastic film dressings, 365 NA should be used with caution in the treatment of leg ulcers that produce copious quantities of very viscous exudate. Under these circumstances, the exudate may become trapped under the dressing, leading to maceration and inflammation of the surrounding skin.

365 NA has a relatively low absorbent capacity and is therefore intended for use on lightly exuding wounds. In these situations, a single dressing may simply be secured in position with surgical tape. On more heavily exuding wounds, 365 NA may be used as a wound contact layer, beneath a secondary absorbent pad held in position with tape or a bandage.

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</table>
We work hard to continually develop and improve our products.
We reserve the right to modify products without prior notice.

CONTACT US

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salesupport@365healthcare.com