

**Precautions:**

Stop any bleeding at the site before applying the dressing.  
 Do not stretch the dressing during application as tension can cause skin trauma.  
 Care should be taken to avoid skin damage with repeated applications, or on patients with fragile skin.  
 When changing the dressing, care should be taken not to dislodge catheters or other devices.  
 365 Transparent Island Dressings are a sterile, single use product.  
 Do not use if the packaging has been damaged.

**Method of Use:**

365 Transparent Island Dressings should be applied under medical supervision. Always use aseptic techniques.

**Preparation:**

Use existing clinical protocols to clean/debride the wound in preparation for the application of 365 Transparent Island Dressings.  
 Ensure that the skin surrounding the wound is clean, dry, and free from grease, soaps or detergents.  
 Clipping of hair at the site may improve adhesion, shaving is not recommended.  
 Select a dressing that is of a suitable size and shape. Choose a dressing size large enough to provide a margin that adheres to dry healthy skin around the catheter or wound site.

**Dressing Application:**

- Peel the two white paper liners from the dressing to expose the absorbent pad and adhesive border.
- Position the absorbent dressing pad centrally over the wound.
- Gently press down the adhesive border onto the skin.
- As indicated by the blue arrows remove the transparent release film on the back of the dressing from the centre outwards.
- Smooth the entire dressing from the centre toward the edges using gentle pressure to enhance adhesion.

**Dressing Wear Time:**

The frequency of dressing change will depend on the clinical circumstances. 365 Transparent Island Dressings may be left in place for up to seven days. If signs of clinical infection are observed the dressing should be removed.

**Dressing Removal:**

- To remove 365 Transparent Island Dressings from the wound, gently peel and lift one corner of the dressing from the skin.
- Support the skin whilst peeling the dressing off by stretching the film horizontally (not vertically) and in the direction of hair growth.
- Care should be taken to avoid skin damage with repeated applications, or on patients with fragile skin.
- Use existing clinical protocols to clean the wound in order to remove any remaining exudate residue before wound assessment or the application of further dressings.

For further information or training please contact your local 365 Healthcare representative.

Product code	Dressings	Size
36590019	Transparent Island Dressing	5 x 7.2 cm
36590021	Transparent Island Dressing	12 x 10cm
36590022	Transparent Island Dressing	8.5 x 15.5cm
36590023	Transparent Island Dressing	20 x 10cm
36590024	Transparent Island Dressing	10 x 25cm
36590025	Transparent Island Dressing	30 x 10cm
36590026	Transparent Island Dressing	8.5 x 9.5 cm



**Instructions For Use - 365 Transparent Island Dressings**

**Product Description:**

365 Transparent Island Dressings are sterile, self-adhesive, transparent film wound dressings incorporating an absorbent, non-adherent pad. 365 Transparent Island Dressings feature a latex free, semi-permeable polyurethane film membrane which is coated with an hypoallergenic acrylic adhesive. The dressing is breathable, allowing good oxygen and moisture vapour exchange. It is showerproof and impermeable to liquids, bacteria, and viruses.

These properties enable:

- The facilitation of wound healing
- Provision of a 'moist wound healing environment'
- The patient to shower with the dressing in place
- Protection of newly forming tissue
- Prevention of contamination by dirt or bacteria, thus a reduced risk of wound infection

**Indications For Use:**

365 Transparent Island Dressings are primarily indicated to be used on acute wounds with low levels of exudate.

365 Transparent Island Dressings are therefore suitable for the management of:

- Superficial Cuts and abrasions
- Clean, closed, post-operative wounds
- Minor burns
- Donor sites
- Chronic wounds with low levels of exudate
- A fixation device for catheters

**Contraindications and Warnings:**

Do not use on patients with a known sensitivity to 365 Transparent Island Dressings, or any of its components.

365 Transparent Island Dressings should not be used as a dressing for:

Wounds with moderate to high levels of exudate

- Full-thickness burns
- Deep cavity wounds
- As a replacement for sutures and other primary wound closure methods
- Wounds or catheter sites which are clinically infected

When clinical infection is observed:

- Remove the dressing
- Consult a medical practitioner
- Review the current wound treatment protocols
- Address the underlying causes
- Treat with appropriate antimicrobial therapy when so directed
- Resume the use of 365 Transparent Island Dressings when clinical infection is no longer present.

The bacterial barrier property of 365 Transparent Island Dressings is compromised if:

- The dressing is punctured
- The dressing is not adhered to the skin fully
- Exudate escapes from under the dressing edges